

What is Advance Care Planning?

Advance Care Planning

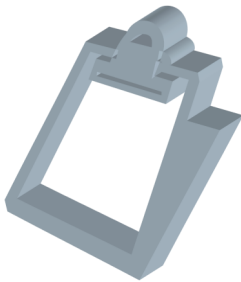
Advance Care Planning is the process of identifying and discussing future medical decisions between you and your friends, loved ones, care providers, clergy and other advisors.

Conversations

Advance Care Planning typically includes conversations about your healthcare treatment options and your healthcare goals.

Decisions

Advance Care Planning decisions might include determining what kinds of care and treatment you would or would not want, appointing a healthcare agent, and completing an advance directive.



*“It always seems too early,
until it’s too late”*

About Us

Vision

The health care choices a person makes become the health care the person receives.

Mission

We assist communities develop a successful advance care planning process.



Objectives

- ◆ Promote advance care planning through community and professional outreach and education
- ◆ Promote standardization of advance care planning
- ◆ Establish a base of financial support

For more information visit our website www.acpnd.org



*“One conversation can make
all the difference.”*

Key Decisions

Some of the key decisions about your healthcare may include preferences, such as:

- Values and Religious Beliefs
- Resuscitation
- Hydration
- Dialysis
- Organ Donation



Did you know?

Advance Care Planning of North Dakota is reaching out to prospective members and engaging those who bring a wealth of knowledge to the organization. Our organization consists of over 200 partners in organizations across North Dakota who bring their views, experiences, and expertise to this important effort.



Why is Advance Care Planning Important?

A report from the Institute of Medicine in 2014 finds that ***most people are unable to make their own decisions about care when they're nearing the end of life.*** This is why it is important to have a conversation with your love ones and care providers about your goals and preferences. Sudden injury or illness can affect anyone. ***Start your conversation now.***

How do I get started?

- ✓ **Learn** more about advance care planning
- ✓ **Make** informed decisions
- ✓ **Identify** a health care agent
- ✓ **Have** a conversation with your loves ones or care providers
- ✓ **Complete** a health care directive

For more information:

<https://acpnd.org/>